Developing teamwork skills in a course on ore deposits

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Abstract

Teamwork has distinct pedagogic advantages and is also an important transferable skill and the dominant mode of work graduates encounter in the workplace. However, students rarely become proficient in teamwork skills during their education. The goal was to test strategies to improve teamwork skills in a course on Ores deposits, MSc Earth Science, Uppsala University. A focus on teamwork was established by presenting the collaborative practicals as a series of linked opportunities to work together, get feedback on the teamwork process and reflect on and evaluate the teamwork. During the collaborative PBL sessions sociograms were used to provide feedback. Criteria based evaluation was also used to evaluate task oriented and interpersonal skills. Sociograms and criteria based evaluation promoted behavioural changes that improved teamwork interactions.

Keywords: teamwork; collaborative learning; real-time feedback; criteria based evaluation

1. Introduction

High quality teamwork skills are crucial to employability and careers in geological sciences much like other sectors of society (Riebe et al. 2016; Casper 2017; Fathi et al. 2019). Consequently it is important for all educational programmes to provide training in teamwork skills. Teamwork involves social and communication skills as well as geological skills, and it is from the perspective of social interaction that we gain a deeper understanding of group dynamics and the teamwork process (Bandura 2001; Hemmings et al. 2013; Dowell et al. 2020).

Social cognitive theory explains that teamwork is associated with shared knowledge and skills as well as interaction, coordination and group dynamics (Bandura 2001). Teamwork is defined as the active construction of knowledge and skills together as a social practise (Hem-

mings et al. 2013). In collaborative learning social and cognitive aspects are interwoven (Dowell et al. 2020). The cognitive aspects are driven by social strategies and can be described by socio-cognitive skills that include sharing of and negotiating ideas, regulation of interactions and communication (Dowell et al. 2020). There are also six dimensions of communication integral to collaborative problem solving, namely participation, social impact, responsiveness, novelty, group cohesion and the extent of communication (Dowell et al. 2020).

Social cognitive theory also guides our understanding of behavioural change, because the cognitive, affective and behavioural domains are integrated in social learning settings (Bandura 2001; Eagly and Chaiken 1993). Attitudes are shaped by cognitive, affective and behavioural factors and drive behaviours (Bandura 2001; Kraus 1995). Social monitoring or raising awareness of

behaviours is a pivotal step to changing behaviours and requires self-reflection and self-regulation (Bandura 2001; Dowell et al. 2020).

The literature on learning in teams highlights several essential aspects of instructional strategies for teamwork. Specific training in teamwork skills has been shown to benefit student achievements and promote collaboration (Riebe et al. 2016). Optimal training has been found to include both the skills and process of teamwork (Casper 2017; Fathi et al. 2019). Training is not only applicable to the students but also to facilitate the teacher's role in development of teamwork skills (O'Shea et al. 2013; Riebe et al. 2016). Teams commonly follow the Tuckman model as they progress through stages of formation and development (Riebe et al. 2016; Casper et al. 2017; Holen 2017). Tuckman proposed that teams develop through the stages of forming, storming, norming and performing (Tuckman 1965). Another crucial aspect of teamwork training is associated with giving and receiving feedback (Fathi et al. 2019). Course design is also imperative to education in teamwork skills; appropriate activities that require collaborative learning are required to be embedded in the programme along with the teamwork process (Riebe et al. 2016; Casper et al. 2017; Fathi et al. 2019). Feedback and assessment go hand in hand, self and peer feedback is considered to be a central input to the assessment and grading process, whereas Holen (2017) consider it part of the teamwork process (O'Shea et al. 2013; Riebe et al. 2016; Britton et al. 2017; Fathi et al. 2019).

I set out to investigate whether training in teamwork skills, effective course design, reciprocal feedback and criteria based evaluation can be combined into a successful strategy for teaching teamwork skills. Here, I present a systematic approach that encompasses these four aspects, and use social cognitive theory as a lens for explaining the social and behavioural outcomes.

1.1. Characteristics of teamwork

Effective teamwork is characterised by positive interdependence between individuals, equal responsibility and commitment amongst group members, co-management, group interaction and interpersonal skills (O'Shea et al. 2013). There is a sense of sharing knowledge, responsibility and leadership which results in shared learning (O'Shea et al. 2013). However, suboptimal teamwork often develops when elements of fixed roles, delegation, competition, social loafing, dominating and diligent isolation occur (Pieterse and Thompson, 2010; O'Shea et al. 2013; Hsiung et al. 2014). Additionally, interpersonal problems can lead to unequal collaboration, whereas conflicts within effective teamwork can promote growth and learning (O'Shea et al. 2013).

Students concerns, such as group compositions, conflict resolution and challenges of multicultural settings, mostly stem from perceptions of unfair contributions to the task (Riebe et al. 2016; Fathi et al. 2019). These can be mitigated by co-creation and agreement to a team contract. Additionally, students perceive involvement in peer feedback as a suitable way to contribute to assessment (Riebe et al. 2016).

2. Approach and implementation

This case study focuses on a course in Ore and surficial deposits at Uppsala University, Sweden in September-October 2017. The scope of the course is 115 contact hours, ten students were participating in the course and the class was divided into two teams. The course is setup to focus on a separate ore deposit type each week. In 2017 the weeks were themed to cover VMS and SEDEX, MVT, Porphyry, Magmatic Ni-Cu-PGE and Iron oxide deposits (Table 1). For each ore deposit there were two practicals one on concepts and processes and a second case study. All practicals use real data and minimal instructions are given to foster problem-based learning (PBL) and teamwork. The teams were established to work on the 10 PBL sessions and the team seminar presentation amounting to 33 contact hours (Table 1). The PBL sessions and seminar presentations were then emphasised as connected opportunities to work together, give and receive feedback on the teamwork process and evaluate the teamwork.

The groups went through a 'forming' stage, where they chose team names, which led to a sense of identity and belonging to the team (Tuckman, 1965). Simultaneously the teams played an educational game to discover the global distribution of natural resources and economics of mining and wrote collaboration agreements (Riebe et al. 2016; Casper 2017). All team members were involved in constructing the collaboration agreement and everyone signed their respective agreements. The collaboration agreements aimed for self-management and addressed communication, plans for dealing with disagreements, expectations for contributions such as listening, providing their opinions, attendance, punctuality etc. (Bacon 2005; Maiden and Perry 2011).

A facilitator was present in all PBL sessions and was either the course director or a teaching assistant with a background in geology. The facilitators had both supervised the PBL practical sessions at least twice previously therefore they had intimate knowledge of the topic and data as well as experience of the previous sub-optimal teamwork.

The facilitator provided feedback on the teamwork using three different techniques: sociograms, spontaneous feedback and appointed times for feedback (Holen 2017;

Table 1. Schedule for Ores and surficial deposits course autumn 2017

Teamwork activities include PBL sessions and the final seminar that are marked in bold italics.

Day	Date	Time	Course content
Monday	28-Aug	0900-1200	Intro to course & ore deposits
		1300-1600	Ores in handspecimen & core logging
Wednesday	30-Aug	0900-1200	VMS+SEDEX deposits
		1300-1600	VMS practical 1
Friday	01-Sep	1000-1200	Introduction to ore minerals
		1300-1600	VMS practical 2
Monday	04-Sep	0900-1000	Iron oxide mineralogy
		1000-1200	ore mineral data
		1300-1500	MVT
Wednesday	06-Sep	1000-1200	MVT practical 1
		1300-1600	introduction to ore microscopy
Thursday	07-Sep	1300-1700	ore microscopy
Friday	08-Sep	0900-1200	MVT practical 2
		1300-1500	Physical properties of ore minerals
Monday	11-Sep	1000-1200	Hydrothermal process of ore formation
		1300-1500	porphyry deposits
Wednesday	13-Sep	1000-1200	Exploration geochemistry
		1300-1600	Porphyry practical 1
Thursday	14-Sep	1300-1500	ore microscopy
		1500-1700	ore microscopy
Friday	15-Sep	1000-1200	Exploration geophysics
		1300-1600	Porphyry practical 2
Monday	18-Sep	1000-1200	Magmatic processes of ore formation + sulphide thermochemistry
		1300-1400	Mineral and metal resource perspectives
Tuesday	19-Sep	1000-1200	Magmatic Cu-Ni-PGE deposits
Wednesday	20-Sep	0900-1200	Cu-Ni-PGE practical 1
		1300-1700	ore microscopy
Friday	22-Sep	1300-1600	Cu-Ni-PGE practical 2
Monday	25-Sep	1100-1200	Mineral and metal resource perspectives
Tuesday	26-Sep	1000-1200	Recycling
		1300-1500	The ore mining environment
Wednesday	27-Sep	1000-1200	Human impact on soil
		1300-1500	Environmental impacts and remediation
Thursday	28-Sep	0800-1700	Excursion
Friday	29-Sep	1000-1200	Quaternary deposits
		1300-1600	Sustainable resource management
Monday	02-Oct	1000-1200	Iron oxide formation & thermochemistry
		1300-1600	Iron oxide thermometry
Tuesday	03-Oct	1000-1200	Fe-oxide deposits
		1300-1600	Fe-oxide practical 1
Wednesday	04-Oct	1000-1200	Mineral and metal resource perspectives 2
Thursday	05-Oct	1000-1200	Links between mesoscale and deposit scale
		1300-1600	Fe-oxide practical 2
Friday	06-Oct	1000-1200	REE mineralisation
		1300-1700	ore microscopy
Monday	09-Oct	900-1200	Core logging
Tuesday	10-Oct	1300-1700	ore microscopy
Thursday	19-Oct	1300-1600	Ore deposits seminars

Holen and Sortland 2017; O'Shea et al. 2013). Sociograms are illustrations of a specific aspect of team communication and interaction over a specific duration, e.g. five minutes (Fig. 1; O'Shea et al. 2013). Sociograms are commonly composed of boxes labelled with participants names and arrows or tally marks measuring how much the individuals talked, asked or answered questions, eye contact between team members etc. The sociogram is then described to the team and an open question is used to stimulate the team to interpret the sociogram and discuss possible approaches to more balanced communication (Holen 2017; Holen and Sortland 2017). During the unfolding discussion the facilitator steps into the background and observes the process and implementation. Sociograms aim to promote behavioural change by providing opportunities for monitoring the social dynamics of the team and making the team aware of their interactions (Bandura 2001; Dowell et al. 2020). The discussion and interpretation encourage regulation of and between individuals and therefore provide a platform for behavioural change (Bandura 2001). It is important that sociograms are presented as observations without judgement, otherwise defensiveness will dominate over openness and prohibit monitoring (Bandura 2001; Holen 2017; Holen and Sortland 2017).

Sociograms can be used in addition to more traditional types of feedback such as spontaneous feedback or appointed time for feedback (Holen 2017; Holen and Sortland 2017). Feedback that focuses on the teamwork process such as the social-cognitive skills and dimensions of collaborative communication are the most effective at promoting reflection, regulation and monitoring that lead to behavioural change (Bandura 2001; Dowell et al. 2020). The objective of feedback is for the team to reflect and discuss the feedback and potential implementation of agreed strategies.

A reflection grid, based on ten criteria, was developed to help the students to evaluate and reflect upon their

teamwork skills and to identify actions to improve in future sessions (Table 2; Valentine et al. 2015; Strivens and Ward 2013; Britton et al. 2017). The reflection grid is divided into two aspects; firstly task oriented skills such as organisation, time management and monitoring progress. Secondly the team is encouraged to think about interpersonal skills like communication and active contribution. The two parts draw on the socio-cognitive and communication aspects of teamwork and the questions are aligned with key evaluation criteria (Strivens and Ward 2013; Valentine et al. 2015; Britton et al. 2017; Dowell et al. 2020). The form is summarised by two open questions asking the student to evaluate positive achievements and potential for development in the next teamwork session. The use of such criteria based evaluation aids reflection, which provides opportunities for behavioural change (Bandura 2001).

During the PBL sessions at least one type of feedback was given to each team every session. Each team received all three types of feedback over the course of a week, typically associated with two PBL sessions. The reflection grid was used on a weekly basis and at the end of the course to encourage the teams to evaluate the development of their teamwork skills throughout the entire course.

3. Outcomes of the teamwork strategy

An example sociogram represents a team of four students, whose names have been changed to protect their identities: Rachel, Matthew, Laura and Adam (Fig. 1). The facilitator observed their team interactions over 5 minutes and scribed tally marks for each time the individuals talked. The sociogram was presented to the students and the facilitator described the record of the observations. The team then discussed the sociogram in a friendly atmosphere and often identified with their contribution and how it compared to others. Following that they naturally expressed solutions such as '*I will speak up more*' or '*I shall listen more*' or '*We can pose more questions to include Adam*'. Then they returned to the PBL session with immediate and tangible effects; the communication became balanced and Adam contributed more. The use of sociograms represents social monitoring as well as self- and co-regulation in action (Bandura 2001). The students identification with the observations shows the reflection and awareness that sociograms produce (Bandura 2001). The responses to the sociograms record the insights the students were coming to and the changes in communication after sociogram feedback indicate that they are effective tools for behavioural change allowing participants to test and adapt new behaviours in real time (Bandura 2001; Dowell et al. 2020).

Figure 1. Example sociogram.

Table 2. Criteria employed for reflection.

Task oriented skills	Interpersonal skills
Organization and planning	Communication including resolution of disagreements
Implementation of the plan	Decision making
Focus on the task	All members have actively contributed
Time management and monitoring progress	All members have shown responsibility and accountability
All familiar with and can summarize the task	Accept and offer feedback

The impact of sociograms on the teamwork was evident even while the facilitator was a novice and easily became entangled in sharing the interpretations. It appeared challenging for the facilitator to simply present the observations and watch the process unfold. With more experience the facilitators mastered the process of describing observations and handing over to the teams. It was a steep learning curve for the facilitator to stimulate reflection without getting involved and withdraw to allow team development.

Feedback helps the teams to evaluate the balance in communication and social impact as well as regulating those behaviours (Dowell et al. 2020). Therefore, the feedback encouraged informal reflection, which kept the atmosphere open and dynamic. Over time, as the team became familiar with discussing feedback, they built trust and became even more open to feedback, connecting with the group cohesion aspects of team communication (Dowell et al. 2020). Regular and cumulative changes in behaviour, teamwork and socio-cognitive skills were observed (Bandura 2001; Dowell et al. 2020). Participation and even attendance increased, due to the accountability recognised in the collaboration agreement and the increase in team spirit. This reflects the growth of group cohesion, participation, social impact and responsivity during the teamwork process as predicted by social cognitive theory (Bandura 2001; Dowell et al. 2020). The students developed a reflective mind set to evaluate their own contributions and the joint interplay of the team interactions, consistent with the findings of Strivens and Ward (2013). Additionally, the emphasis on teamwork and development of associated skills was noted as a strength in the course evaluation, reflecting the observations of Casper (2017). The feedback and criteria based evaluation encouraged many of the attributes of monitoring, regulation and reflection required to produce behavioural change (Bandura, 2001). They are also effective at emphasising the socio-cognitive and communication skills that are fundamental to learning in a collaborative setting (Dowell et al. 2020).

4. Conclusions

Following recommendations from the education research literature on teamwork, a teamwork component was integrated into a course on ore deposits. The teamwork component combined curriculum design with collaborative PBL at the core, training in teamwork skills, real-time feedback and criteria based evaluation. Real-time feedback and criteria based evaluation were found to be the most essential elements, because they target the social interactions of teamwork to raise awareness of interaction patterns and encourage self-reflection leading to behavioural change. In addition real-time feedback provided opportunities to directly try out different behaviours.

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